

# Mastering HORIZONTAL SUPPORT and RESISTANCE for Trading Bitcoin.

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**This is the most comprehensive real-world guide to Support and Resistance. With real world examples from Bitcoin price movements.**

This is everything that you need to master it.

It's an exhaustive guide, don't read, STUDY IT.

## Introduction.

S/R must be the most under-rated tool in trading which isn't given enough time or attention by most beginners.

Many successful traders personally known to me rely solely on S/R. This should speak enough for its importance.

## Focus of Study.

1. Understanding Support and Resistance
2. Identifying and drawing a valid Support and Resistance line
3. Nature of Support and Resistance when it Breaks
4. Fake Breakout/Breakdown
5. Identifying entry/exit at Support and Resistance lines
6. How institutional traders stop out retail traders. (**Stop loss hunting**)
7. High probability entry/exit

Fig. IX.1

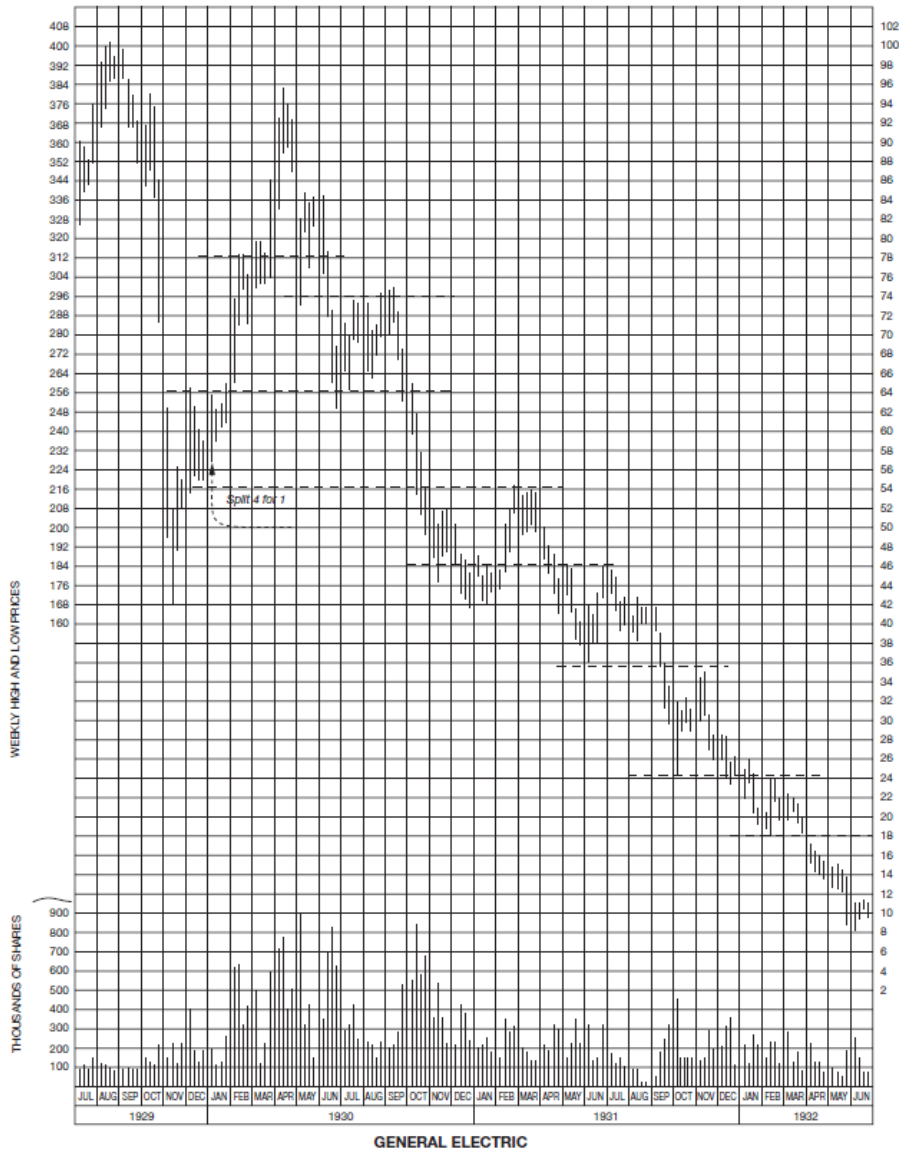


Figure 1. Showcasing support and resistance during a downtrend

Support and Resistance can be categorized as

1. An area of supply/demand which acts as a probable zone for entry and exit.
2. Trending support and resistance (Trend-lines)
3. Horizontal lines denoting a price of either support of resistance. **We will be studying these horizontal lines in this module.**



Figure 2. Illustration of a horizontal resistance line



Figure 3 Illustration of a horizontal support line

## Definition.

A support line indicates a price where the **buying pressure is more than the selling pressure**, acting as a base for an upward bounce of price.

To elaborate, the demand is greater than the supply at these levels hence an **upward move in price is generally probable**.

## **SUPPORT AND RESISTANCE**

In the previous discussion of trend, it was stated that prices move in a series of peaks and troughs, and that the direction of those peaks and troughs determined the trend of the market. Let's now give those peaks and troughs their appropriate names and, at the same time, introduce the concepts of *support* and *resistance*.

The troughs, or reaction lows, are called *support*. The term is self-explanatory and indicates that support is a level or area on the chart *under the market* where buying interest is sufficiently strong to overcome selling pressure. As a result, a decline is halted and prices turn back up again. Usually a support level is identified beforehand by a previous reaction low. In Figure 4.3a, points 2 and 4 represent support levels in an uptrend. (See Figures 4.3a and b.)

*Resistance* is the opposite of support and represents a price level or area *over the market* where selling pressure overcomes buying pressure and a price advance is turned back. Usually a resis-

## Drawing a support line.

A good starting point is to zoom out on the time frame that you're trading and try to touch as many lower points as logically possible.

*The support should be easily visible upon minor observation and you shouldn't have to hunt or look hard for them.*



Figure 4 Support line example

Comment -

*It's practically acceptable if the support line crosses a candle/wick or doesn't touch the wick or only touches the wick.*

*The support line doesn't have to be perfectly aligned.*

*We are mostly looking for zones rather than a perfect straight price line.*

The examples below illustrate the support line overlapping with candles and wicks or not perfectly touching the candles. In both these examples, the support line is valid.



Figure 5 Imperfect but a valid support line

## Resistance

Resistance line indicates the price where the **selling pressure is higher than the buying pressure**.

To elaborate, the **supply is greater than the demand** which pulls the price lower. There's a good probability of price retracing from this price line.

Just like support line, zooming out on the time frame that you're trading and try to touch as many high points.

*The resistance should be easily visible upon observation and you shouldn't have to hunt or look hard for them.*

## Examples of Resistance lines below.



Figure 6 Resistance line example

### Observation-

The chart above also shows a vital concept of fake-breakout, breakout, retrace and confirmation. It will be explained later in detail.

## Understanding Breakdown and Breakouts

A Breakout occurs when the resistance line is tested several times, leading to an increased demand in that price zone.

This increase of demand leads to a breakout.

Opinion- The more times a resistance is tested, the weaker it becomes.



Figure 7 illustration of a break-out



**Breakdown-** It is when the support zone is tested too many times, leading to an increase in supply at that price point, which leads to lowering of price i.e. Breakdown. PIC

Opinion.

*The more times we test a support, the weaker it becomes.*

See pic Below



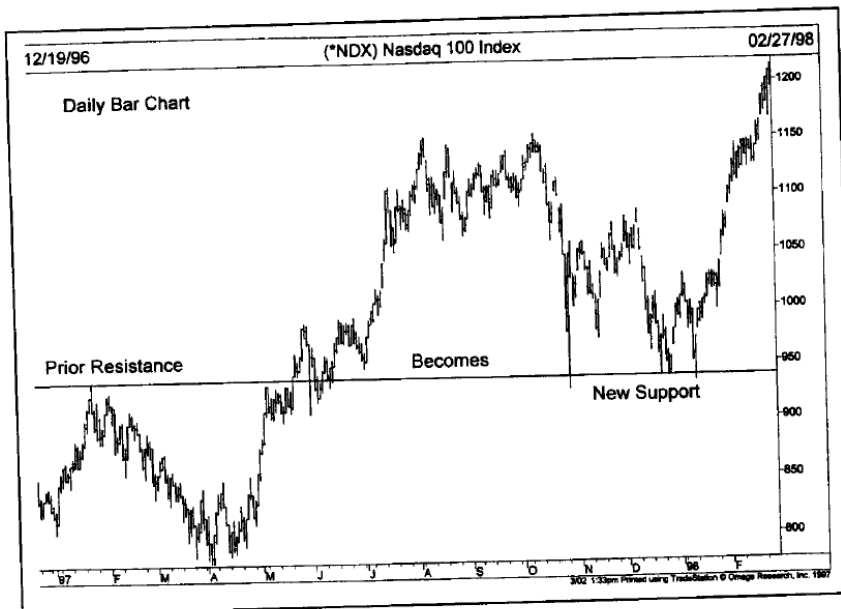
Figure 8 illustration of a break-down

### What happens if a Support or Resistance line breaks?

They start acting in the opposite nature.

**A support line becomes a resistance and a resistance becomes a support.**

This above concept is of utmost importance in understanding and confirming a TREND.



**Figure 4.5c** Role reversal at play. Once the early 1997 resistance peak was broken, it reversed roles to become a support level. A year later, the intermediate price decline found support right at that prior resistance peak which had become new support.

Resistance lines, when crossed, become new support, and the cycle repeats until the trend breaks.

*Study this chart carefully to see how Resistance level 1, when broken at 2, after formation of a new resistance at 3, becomes a new support at 4.*

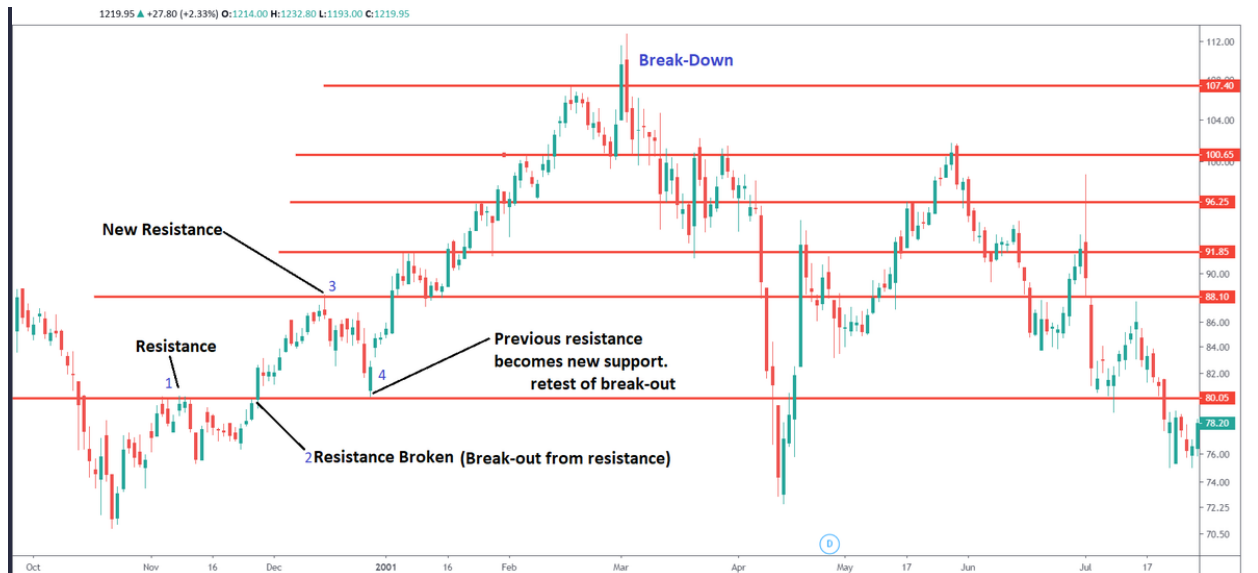


Figure 9 Resistance lines becoming a new support, until a breakdown

## Resistance Levels Become Future Support Levels

It is important to note at this point, however, that an area formation built by resistance will, if later penetrated, manifest itself as a support level. And, in the same manner, a support level will, when broken through, show up as a resistance point in future price movement. Each may repeat in its original role but more often they exchange roles. In other words, an area formation, whether originally one of resistance or support, may repeat later on in the same or the opposite position, tending to check whatever movement happens to approach its level from either above or below.

**This cycle continuous till the breakdown. Take some time to understand the above graph.**

## Uses of Support and resistance.

Intuitively the use of the support line would be to enter a long when the prices bounce off the support line and that of the resistance line would be to go short when the price pulls back from resistance.



**However, real world trading isn't this simple and the above usage needs understanding of the following**

1. Breakouts, Break-down
2. Fake Breakdown/Breakout
3. Re-tests
4. Confirmations
5. Stop-loss hunting

These are explained below

*One of the more profitable ways to use support and resistance is to use them at the Breakdown/Breakout zone.*

A Breakout leads to a strong upwards rally in price because of a huge demand at the resistance zone. Long at the Break-out.



The exact opposite is true for breakdown, which leads to a big pullback in price. Short at the break-down.

See pic below for Break-out and Break-Down



### Advanced uses of Support and resistance in determining high probability entry.

Below I illustrate the advanced practices used by seasoned traders to determine high probability entries for profits.

However, they are easy to understand upon a repeated reading.

#### **Here we will study**

1. Fake Breakouts and Fake Breakdowns
2. Stop loss hunting

Study of the above will help us understand how institutional traders stop out the retail traders and provide us with a probable solution against stop loss hunting.

Institutional traders stop out **BOTH** Long and Short retail traders, at the same time, at a similar price zone. A very common problem that retail traders face is being stopped out. Let us understand stop loss hunting in detail.

#### Short hunting at resistance

The red line denotes the resistance line.

At Point A, few retail traders will short it thinking that the price will go down at the resistance.

But the price has a small breakout out. Triggering the stop loss of the people who went short.



This is a fake out as the price then reverses at the resistance. Even though the price goes down, the stop loss gets hit. Here the trader loses money even after being right. This is short hunting.

With the same chart, we will study long hunting at the resistance.

The wick crosses above the resistance line, most retail traders will long here, calling it a breakout.

The price is then reversed. Stopping out all the longs. This is long hunting at the resistance.



The same exact stop loss hunting is done at the support. Stop loss hunting for longs and shorts at the support can be seen here.

This is illustrated in the charts below.







In the same manner, a breakout from a resistance can be confirmed as shown in this chart. The resistance is broken. The price comes back to confirm the breakout and is confirmed. On confirmation, a high probability long entry is made.



## 2nd Solution

After a break-out or a bounce from the support like, wait for the price to break another resistance above the support line or the break-out levels.

See the example below for entering a long after a bounce at support and break of resistance.



The same concepts can be applied for going short at resistance or breakdowns.

The above concepts will help all beginners from stop getting hunted by an institutional order block.

This module has covered ALL the information you need about horizontal support and resistance in great depth.

I will share trend-line support and resistance and Supply and Demand zone tutorials soon. Study it multiple times and you should be good to go.

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